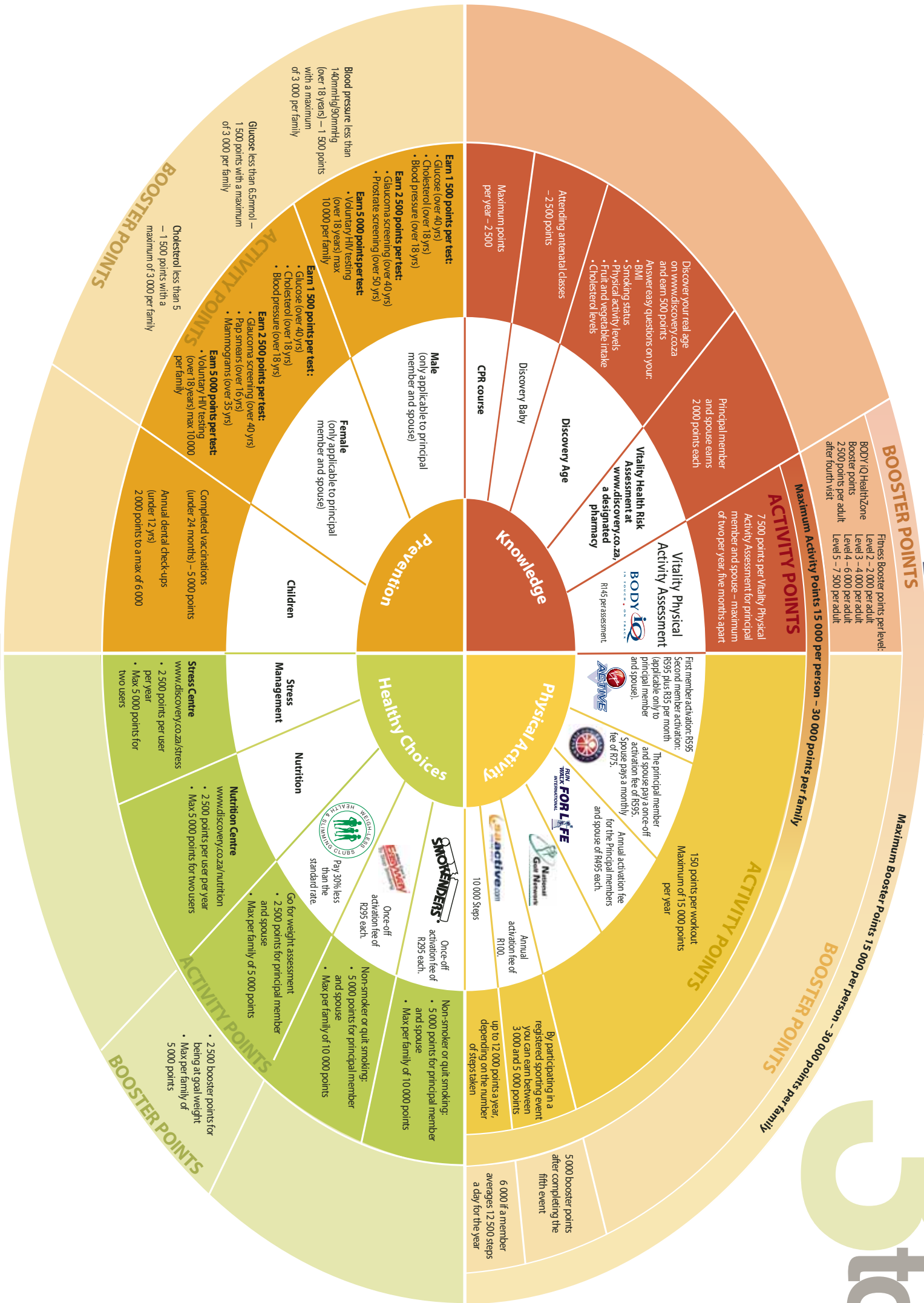


## Get Healthy

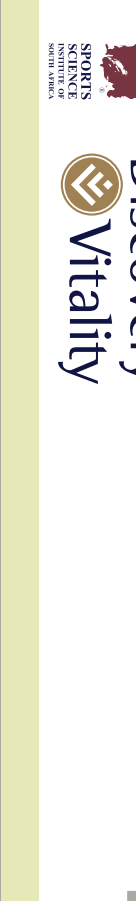


## Other ways to earn points

Bonus points	Maximum per month	Maximum per year
Electronic statement	500	6,000
Updating personal info on the website	2,500	2,500
Invest in a Discovery LIFE PLAN	5,000	5,000
If member is on Discovery Health	5,000	5,000
Selecting one or more ancillary benefits on a Discovery LIFE PLAN	2,500	2,500
If member is on Discovery Health	500	2,000
What's new on <a href="http://www.discovery.co.za">www.discovery.co.za</a>	500	2,000

Loyalty points	Number of years	% Carry over
Less than 1 year	10%	
Less than 2 years	15%	
Less than 3 years	20%	
More than 3 years	25%	

A percentage of the points you have over to the following year.



## Enjoy Benefits and Rewards

### Vitality Lifestyle & Leisure

Once-off activation fee of R35 per person entitles Vitality members to movies at Star-Finex and Cinema Nouveau for only R12 per person, per movie (from November 2009).

### Health Style Magazines

Members can subscribe to various health and lifestyle magazines, depending on their status level.

Magazine	Subscription fee	Magazine	Subscription fee
<b>Men's Health</b>	R95 for 12 issues	<b>Runner's</b>	R70 for 12 issues
<b>Womens Health</b>	R70 for 11 issues	<b>Boys' Life</b>	R70 for 8 issues
<b>Gold Digest</b>	R95 for 12 issues	<b>Cricket</b>	R70 for 7 issues
<b>Sports Illustrated</b>	R80 for 12 issues	<b>True Love</b>	R70 for 12 issues

Blue	Bronze	Silver	Gold
Annual subscription to 1 magazine title	Annual subscription to 2 magazine titles	Annual subscription to 4 magazine titles	Annual subscription to 6 magazine titles

Vitality members automatically qualify for a Gold Clicks ClubCard. They will also receive discounts based on their Vitality status:

Vitality status	% discount
Blue	8%
Bronze	10%
Silver	12%
Gold	15%

### Vitality Travel

**Local travel** - BRITISH AIRWAYS

Vitality status	Route	Price for return ticket
Blue	Johannesburg - Cape Town	R720
Blue	Johannesburg - Port Elizabeth	R725
Bronze	Durban - Cape Town	R750
Bronze	Durban - Port Elizabeth	R755
Silver	Johannesburg - Durban	R825
Silver	Durban - Cape Town	R830
Gold	Johannesburg - Port Elizabeth	R845
Gold	Durban - Cape Town	R850

**Conditions:** You must book your ticket at least 14 days in advance, no longer than 119 days in advance. Flight bookings no longer require a Saturday night stay.

**International leisure travel**

Members will receive preferential discounts off the lowest advertised price depending on their Vitality status:

Vitality status	Discount
Blue	18%
Bronze	19%
Silver	20%

Members can only use this benefit if they are paying with their DiscoveryCard.

**AVIS**

The cost of the car rental depends on the Vitality status of the member booking. For example:

Vitality status	Category B	Category C
Blue	R190	R240
Bronze	R160	R205
Silver	R125	R160
Gold	R100	R120

Rates include 200 km free per day as well as compulsory limited cover and waivers.

**Members can travel to 118 destinations within Southern Africa. They will pay 30% less than the lowest price advertised by Greyhound on any journey.**

Vitality status	Rate per room, per night (including VAT)
Blue	R385
Bronze	R345
Silver	R235
Gold	R135

## VitalityMail Available on [www.discovery.co.za/Vitalitymail](http://www.discovery.co.za/Vitalitymail)

### DiscoveryCard Partners

The new DiscoveryCard opens a world of convenience to Discovery members. The new generation DiscoveryCard is a Discovery Health and Vitality membership card as well as a VISA card - all rolled into one!

**Store network:**

- @home
- Woolco
- Takealot
- EXCLUSIVE LOOKS
- frank's
- HERKERS

**Earn Discovery Miles by using the DiscoveryCard**

For only R150 per year, members can earn Discovery Miles through their DiscoveryCard.

Members will earn one Discovery Mile for every R1.50 they spend on the DiscoveryCard.

There are three ways members can redeem their Discovery Miles:

- Use their Discovery Miles to enhance the current Vitality British Airways benefit for local travel over and above the Vitality benefit.
- Receive additional discounts from World Leisure Holidays and Royal Caribbean International based on their Vitality status.

Blue	Bronze	Silver	Gold
0	0	0	0
25,000	40,000	85,000	100,000

### Buy Cell C, Vodacom and MTN pre-paid airtime vouchers

**Cell C easychat**

Vitality status	Discount
Blue	10%
Bronze	12%
Silver	15%

**Vodacom airtime**

Vitality status	Discount
Blue	10%
Bronze	12%
Silver	15%

**MTN Pay as you Go**

Vitality status	Discount
Blue	10%
Bronze	12%
Silver	15%

**HP, Microsoft and McAfee**

Members will receive discounts off the recommended retail price on HP, Microsoft and McAfee products depending on their Vitality status. They will also get a 40% discount across all status levels on McAfee antivirus software.

**MTN contracts**

Vitality members will receive additional free minutes over and above the minutes normally awarded on selected MTN standard contracts.

**DiscoveryWorld's internet access**

By visiting [www.discovery.co.za/internet](http://www.discovery.co.za/internet), members can register for DiscoveryWorld's internet service offering.

Homeliner	Advanced user	Professional user
R29 per month	R95 per month	R125 per month

# It Pays to be Healthy

